

OMNIVERSE

Walk in Many Worlds

Jolene Stockman
Neurodiversity is the Key

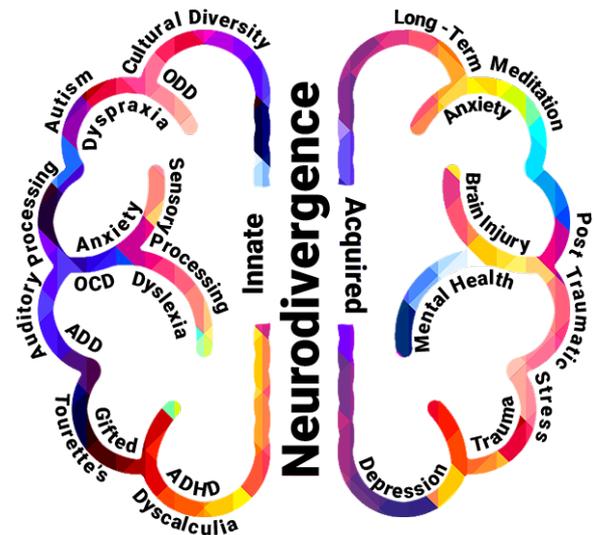
“When you change the way you look at things, the things you look at change.”

Quantum physicist Max Plank.

1. What is your understanding of neurodiversity?

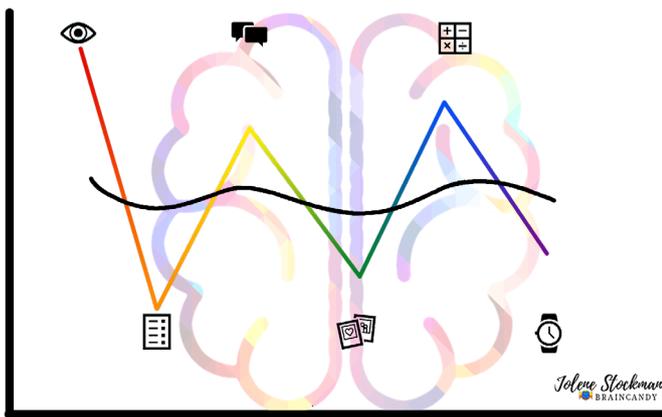
A biological characteristic of human beings. The understanding that humans are diverse, varied, in their brain function. (Judy Singer, 1998.)

2. Identify different neurodivergencies:



3. Consider your strengths and challenges.

Do you have a smooth or spiky profile?



“DO YOUR EYES LIGHT UP?”

Writer Toni Morrison.

4. Can you see the strengths in your challenges?

- | | | |
|------------------|---|-----------------|
| Challenge | - | Strength |
| Disorganised | - | Creative |
| Oversensitive | - | Supersensitive |

5. You show acceptance with your eyes. Belonging, appreciation, love. Notice the way people’s eyes change when they see you. How do your eyes change when you see them?