

VIDEO

Seven Session Journey



LESSON: AN INTENTIONAL JOURNEY



THE POINT

Take first steps to wholeness, through faith.



QUOTES

I ask him (God) to strengthen you by his Spirit - not a brute strength but a glorious inner strength - that Christ will live in you as you open the door and let him in. And I ask him that with both feet planted firmly on love, you'll be able to take in with all followers of Jesus the extravagant dimensions of Christ's love.
Ephesians 3:16-18 (MSG)

TO-DO

Read Ephesians 3:14-19 in your translation of the Bible. Circle the words "strength" and "strong" each time they appear. Highlight the word "love." Pray and ask God to help you understand and experience the connection between your strength and his love.

To learn more about faith in Jesus, watch the video on our Spiritual Channel called "Jesus the Son of God."

QUESTIONS

1 - *For the Group* - To get to know one another, share where you lived when you were seven years old. Who lived in your home? Was faith a part of your home life growing up?

2 - Consider the image of a SPIRE, with two lines reaching toward a point. How do you respond to the idea that we have been created with hearts to reach the heart of God? What else does the image of a spire communicate to you?

3 - Recall what each of the letters in the word *inSPIRE* represent. What area is the greatest challenge for you?

MY NOTES