

# VIDEO

## Intentional Series



### LESSON: A JOURNEY OF A THOUSAND MILES ...



#### THE POINT

... begins with a single step.



#### QUOTES

It may be hard for an egg to turn into a bird: it would be a jolly sight harder for a bird to learn to fly while remaining an egg. We are like eggs at present. And you cannot go on indefinitely being just an ordinary, decent egg. We must be hatched or go bad.

- C. S. Lewis  
*Mere Christianity*

#### TO-DO

Watch a video of a chick being hatched from an egg. Consider the struggle, the timeline, the effort. What does the chick look like when it emerges? Consider the new challenges it will face. Consider its transformation to adulthood. Ask God for the strength and perseverance you need to emerge from your limits and to soar!

Read:  
Isaiah 40:31  
1 Corinthians 1:25  
Jeremiah 29:12-14

#### QUESTIONS

- 1 - Does the thought of taking "one step at a time" bring you relief, or make you feel impatient? Why?
- 2 - Can you relate to the illustration C.S. Lewis gives of the egg and the bird? Are you hatching or going bad?
- 3 - Where have you found strength in God on your journey to date? What is the promise found in Isaiah 40:31 and how does it speak to you?

# MY NOTES

## PRAYER