

VIDEO

Intellectual Series



LESSON: TYRANNY OF THE URGENT

THE POINT

Taking back control of my time for what is important.

QUOTES

I saw that a humble man with the blessing of the Lord might live on a little, and where the heart was set on greatness, success in business did not satisfy the craving, but that in common with an increase in wealth the desire of wealth increased.

- John Woolman
The Journal of John Woolman

TO-DO

Make a list of the top 5 things that are most important to you. Note how much time you spent on those important things (people) in the last seven days. Did they get the time they needed? If not, what things should you have let go? Is there one thing that always shows up as a time "tyrant"? What can you change going forward to take back control of your time for what is most important?

Read:
Psalm 40:6-8

QUESTIONS

- 1 - What is a priority in your life that gets most of your time and energy? Is it the priority that you want to get the best of your time?
- 2 - What are some of the time "tyrants" that eat away at your time? How can you get rid of them?
- 3 - Where does Psalm 40:6-8 tell us that David finds his joy? How can you find that joy? What do you have to give away, discontinue, or exchange for that joy?

