

VIDEO

Seven Session Journey



LESSON: AN EMOTIONAL JOURNEY



THE POINT

Find strength for everything life throws at you.



QUOTES

The Book of Matthew might begin with Jesus' earthly genealogy, but Matthew could not wait very long to replace those 42 generations of broken humanity with Jesus' spiritual genealogy for us, in Matthew 3.

Donna Lee

TO-DO

Complete your genogram as fully as possible. If you need help, review the instructional video, "Genogram."

On your genogram drawing:

- 1 - highlight good influences;
- 2 - draw a line under influences and patterns you choose to leave behind; and
- 3 - commit those influences and decisions to God, then walk confidently in the power of your spiritual identity as his child.

Memorize: John 1:12

QUESTIONS

1 - *For the Group* - Share your genograms with one another, highlighting one or two obvious patterns in them. What good influence do you want to pass on, and what harmful influence do you want to limit, in your genogram?

2 - Consider the scene in Matthew 3:13-17. How was Jesus prepared, beyond his earthly genogram, for his mission and ministry, by his Father, God?

3 - Identify powerful, life-giving words that a father, mother, teacher, or care-giver could speak out to encourage and affirm the children they influence. Is there someone who needs to hear YOU say those things?

MY NOTES

PRAYER