

# Family Resource Centres

# Supporting People with ALL Disabilities Across Alberta

Supporting individuals with disabilities and their families to access and navigate a variety of disability supports and services available in Alberta.

#### Guidance

Providing resources, information, and assistance to help families manage their FSCD (Family Services for Children with Disabilities) and PDD (Persons with Disabilities) services (e.g. how to find and hire staff, planning yearly goals, managing documentation, etc.).

### Presentations

Presentations and workshops on a variety of topics including RDSPs, Abuse Prevention and Response Protocol, and Non-Violent Crisis Intervention.

## Resources

Toolkits, videos and an online database providing individuals and families 24/7 access to information.

# Community

Opportunities for families and individuals to connect with others and find local community resources and support groups.

#### **Main Line**

(825)407-8659

#### Calgary

FRCcalgary@autismalberta.ca (825)407-8683 or (403)407-8656

#### **Crowsnest Pass**

FRCcrowsnest@autismalberta.ca (403)564-0082 or (403)583-0482 (cell)

#### Fort McMurray

FRCfortmcmurray@autismalberta.ca (825)409-1680 or (780)215-2459 (cell)

# Website: autismalberta.ca/family-resource-centres facebook.com/AutismAlbertaFRC

#### Lethbridge

FRClethbridge@autismalberta.ca (825)399-0699 or (587)486-2469

#### **Medicine Hat**

FRCmedicinehat@autismalberta.ca (587)554-3142 or (587)448-8159 (cell)

#### St. Paul

FRCstpaul@autismalberta.ca (780)646-7310 or (587)252-9208 (cell)

#### All Alberta

FRCAllAlberta@autismalberta.ca (403)747-0310 or (587)495-2237