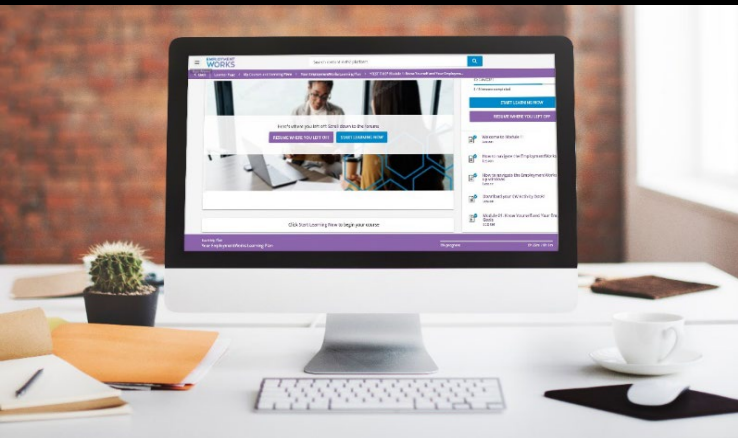




Self-Paced Online Program

Employment preparedness training designed for autistic and neurodivergent individuals who enjoy the flexibility and convenience of online learning at their own pace and schedule, with free access to live support if needed.



What is EmploymentWorks Self-Paced?

- ★ 12-Module online program that focuses on preparing for work, getting work, keeping work and thriving at work
- ★ Content includes tools, resources and strategies to help learners identify employment goals, develop and practice employment-relevant skills, and build confidence to be successful in a workplace setting
- ★ Dedicated program staff are available to provide guidance and live support to learners if needed
- ➡ Optional group-based online drop-in sessions to review and discuss program topics and ask questions
- ➡ Optional 1:1 sessions to receive job seeking support
- ➡ Ongoing access to monthly group-based online discussions on employment-related topics

Who is the Online Program for?

Individuals over 15 years of age who:

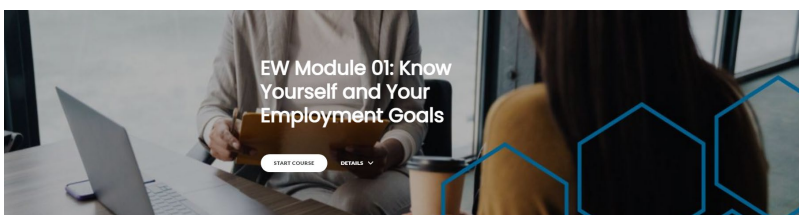
- ✓ Identify as being on the autism spectrum or as a person with a disability
- ✓ Are motivated to enter or return to the workforce
- ✓ Are willing to develop and practice the skills necessary to support employment success
- ✓ Prefer learning at their own pace and schedule with limited facilitation (if any)

Expanding Reach + Scaling Impact

The **EmploymentWorks Self-Paced** program transforms the proven EmploymentWorks manualized curriculum into an interactive and **engaging e-learning experience**.

The online format and user friendly design makes this resource **highly accessible to all Canadians by removing barriers** to programming related to location, access to transportation, and fixed program schedules.

All you need to get started is access to a computer, tablet, or mobile device, and a reliable internet connection – and, of course, a keen desire to get a job and feel confident in a workplace environment.



How is the Online Program Structured?

The program modules are organized in 1-week blocks based on four key themes, but participants can complete the content according to their preferred schedule and at a pace that best supports their learning, skill development, practice and retention.

Week 1 - Preparing to Work

- Module 1: Knowing yourself and your employment goals
- Module 2: Matching your strengths to jobs
- Module 3: Writing your resume and cover letter

Week 2 - Getting Work

- Module 4: Preparing for and doing well in an interview
- Module 5: Searching and applying for jobs
- Module 6: Communicating well in the workplace

Week 3 - Keeping Work

- Module 7: Being professional
- Module 8: Making sense of workplace interactions
- Module 9: Dealing with stress at work

Week 4 - Thriving at Work

- Module 10: Disclosure and/or asking for accommodations
- Module 11: Understanding your pay
- Module 12: Creating a career plan

Contact us today to learn more!

Website: employment-works.ca
E-mail: info@employment-works.ca
Toll-free: 1-888-733-7976