



# Equipping Families Across the Lifespan

**Early Childhood  
(0-5)**

**Childhood  
(6-12)**

**Youth  
(13-17)**

**Adulthood  
(18+)**

**All Ages & Stages**

**Growth & Development**

Developmental Milestones  
Early Intervention  
Early Diagnosis

Social Skills  
Emotional Regulation  
Recreational Opportunities

Puberty  
Life Skills  
Late Diagnosis

Functional Skills  
Identity & Self-Advocacy  
Sexual Health

Caregiver Skills  
Caregiver Wellness

**Learning & Education**

Preschool Options  
Screening & Assessments  
Modifications

Education System  
Specialized Services  
Learning Disabilities

Middle/High School  
Psycho-Ed Assessment  
Person-Centered Planning

Post-Secondary Options  
Work & Employment  
Adult Day Programs

Community Inclusion  
Crisis Support

**Systems & Applications**

FSCD Services  
PUF  
RDSP/RESP

Transportation  
FSCD Services  
Disability Tax Credit

PDD- 16 years  
G & T - 17 years  
AISH - 17.5 years

PDD- 16 years  
G & T - 17 years  
AISH - 17.5 years

Diagnosis & Adjustment Process  
Equipment & Supplies

**Services & Supports**

Child Care  
Community Programs  
Alberta Aids to Daily Living

After-School Care  
Developmental Pediatrician  
Respite Services

Transition Services  
Personal Support Networks  
Financial & Future Planning

Living Arrangements  
Family Managed Care  
Home Care

Government Supports  
Mental Health Resources  
Peer & Natural Supports  
Therapies