



Moses: The Red Sea and Wilderness

BIG IDEA: God is giving, so we can be thankful without complaining.

BIBLE BASIS: Exodus 13:17–17:7

KEY VERSE: “Do everything without grumbling or arguing.” Phil 2:14 (NIV)

★ STORY TIME

MOSES – CROSSING THE RED SEA

Watch the “Journey Today Show” on JAM Family Church. Have your Bible ready to look up the story!

★ APPLICATION ACTIVITIES

THANKFULNESS COLLAGE (Craft Activity)

In our story for today, God provided for the Israelites in a huge way when He divided the Red Sea and helped them escape the Egyptian army. But it wasn't long before they forgot these amazing acts of God and began to worry and complain. Sometimes when we complain, it's because we forget about all of the amazing things that God has already done for us and given us. Let's spend some time remembering different things we have to be thankful for by making a “Thankfulness” collage.

Directions: Place a larger piece of paper or poster board on the table. Write “Thankfulness Collage” on the top. Find old magazines and newspapers and spread them out. Search for pictures, words or sentences that represent things to be thankful for. Cut them out and glue them onto the paper. When complete, talk about all the good things that God has given. Ask the following questions:

Question: What things in life make us forget about the good things that God has done for us?

Question: If you think about God's goodness more, do you think it might help us worry and complain less? Why or why not? How could we get better at thanking God more and complaining/worrying less? (Optional Modification: If magazines are not available, just draw and write things to be thankful for.)

BIBLE BODY MOTIONS (Bible Memorization Activity)

A good way to start complaining less would be to memorize our Key Verse. Read Phil 2:14 together a few times. **“Do everything without grumbling or arguing.” Philippians 2:14 (NIV)**

Work together to come up with motions for the verse using different body parts. The activity will take place over 3 rounds: **Round 1:** Hand motions, **Round 2:** Foot motions, **Round 3:** Head motions. Have fun!

SKITTLE PRAYERS

Pour Skittles or Smarties or Fruit Snacks into a bowl. One at a time have each person pick a color. In “I Spy with my Little Eye” fashion, spy something in the room that matches the color (e.g.- red shirt, blue eyes, purple shoes, white house, etc.). Think of a way that item has given you joy instead of sorrow (e.g. – blue eyes that can see, red shirt that keeps me warm in winter, etc.). Thank God for each thing.

